AMENDMENTS TO CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims

1. (currently amended) A sports practicing device having

at least two elastic cords,

a ball with at least two means for receiving the at least two elastic cords,

the ball being located substantially equal in distance center along the length of each of the at least two elastic cords,

wherein each of the at least two elastic cords are is brought into touching engagement with themselves itself and secured by one of at least two securing means at the point of touching engagement so as to formsuch that said each of said at least two elastic cords forms a "Y" shape, and

each end of the at least two elastic cords is adapted to be secured to vertically spaced anchoring means secured to two vertical supports.

- 2. (original) The sports practicing device of claim 1, wherein the receiving means are located on opposite sides of the ball.
- 3. (original) The sports practicing device of claim 2, wherein the receiving means are located on the periphery of the ball.
- 4. (previously presented) The sports practicing device of claim 1, wherein, wherein the elastic cords have anchoring means positioned at each end.
- 5. (previously presented) The sports practicing device of claim 1, wherein, the securing means is provided by tape wound around the point of touching engagement of the elastic cords.

- 6. (previously presented) The sports practicing device of claim 1, wherein each point of touching engagement of the elastic cords is between 20 centimeters and 120 centimeters from the ball.
- 7. (original) The sports practicing device of claims 6, wherein the distance of the point of touching engagement is between 60 and 80 centimeters from the ball.
- 8. (original) The sports practicing device of claims 7, wherein the distance between the point of touching engagement and the ball is 70 centimeters.
- 9. (previously presented) The sports practicing device of claim 1, wherein the vertical supports are positioned between five to six meters apart from each other.
- 10. (currently amended) The sports practicing device of claim 1, wherein the height of the ball is determined by a user.
- 11. (previously presented) The sports device of claim 1, wherein the elastic cords are manufactured from bungee cord material.
- 12. (previously presented) The sports practicing device of claim 1 wherein the anchoring means is provided by a clip positioned on a swivel joint attached to each end of the elastic cords.
- 13. (previously presented) The sports device as in claim 1, wherein the ball is a tennis ball.
- 14. (previously presented) The sports device as in claim 1, wherein the ball is a soccer ball.
- 15. (previously presented) The sports device as in claim 1, wherein the "Y" shape is achieved by using a number of separate sections of elastic cord.

Appl. No. 10/576,131 Response dated 9/8/2009 Reply to Office Action of 05/05/2009

16. (new) A sports practicing device comprising:

- a ball comprising a first loop and a second loop;
- a first elastic cord comprising a first end and a second end, wherein said first elastic cord is configured to couple with said ball at said first loop, said first end and said second end are configured to couple with a first vertical support, and said first elastic cord is secured to itself such that said first elastic cord forms a "Y" shape,

a second elastic cord comprising a third end and a fourth end, wherein said second elastic cord is configured to couple with said ball at said second loop, said third end and said fourth end are configured to couple with a second vertical support, and said second elastic cord is secured to itself such that said second elastic cord forms a "Y" shape.